

## Birchwood Junior School – Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 22 <sup>nd</sup> April 2019	Bank Holiday	Chicken in a Seeded Bun	Sausage Roll	Pork & Apple Sauce	Battered White Fish
		Southern Quorn in a Seeded Bun	Vegan Sausage Roll	Quorn Fillet	Vegan Vegetable Finger
		Wedges	Herby Diced Potatoes	Roast Potatoes	Chips
		Sweetcorn	Beans	Carrots	Beans
		Peas	Sweetcorn	Broccoli	Peas
	Mini Blueberry Muffin & Ice Cream	Orange Cake & Custard	Yoghurts	Fruit Salad & Cream	
	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 29 <sup>th</sup> April 2019	Sausage in a Bun	Chicken Breast in BBQ Sauce	Hotpot	Beef & Yorkshire Pudding	Cod Bites
	Quorn Sausage in a Bun	Quorn Fillet in BBQ Sauce	Veg Hotpot	Quorn Fillet	Spicy Bean Burger
	Wedges	Brown Rice	Wholewheat Crusty Bread	Roast Potatoes	Herby Diced Potatoes
	Beans	Coleslaw	Carrots	Cauliflower	Beans
	Peas	Sweetcorn	Broccoli	Green Beans	Sweetcorn
	Chocolate Ice Cream	Iced Bun	Treacle Sponge & Custard	Buttered Banana Loaf	Dairylea & Crackers
	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 6 <sup>th</sup> May 2019	Bank Holiday	Meatballs in Tomato Sauce	Beef & Veg Pie	Chicken & Stuffing	Salmon Fingers
		Quorn Balls in Tomato Sauce	Vegetable Pie	Quorn Fillet	Vegan Vegetable Fingers
		Wholewheat Pasta	New Potatoes	Roast Potatoes	Potato Smiles
		Salad	Cauliflower	Carrots	Beans
		Sweetcorn	Diced Swede	Broccoli	Peas
	Pancakes & Milk	Cornflake Tart & Custard	Ice Cream	Fruit Salad & Cream	
	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 13 <sup>th</sup> May 2019	Beef Burger in a Seeded Bun	Fruity Chicken Curry	Wholewheat Ham Pizza	Pork & Apple Sauce	Giant Fish Fingers
	Quorn Burger in a Seeded Bun	Vegetable Fruity Curry	Wholewheat Cheese Pizza	Quorn Fillet	Cheese Wheels
	Potato Waffles	Brown Rice	Herby Diced Potatoes	Roast Potatoes	Wedges
	Salad	Sweetcorn	Salad	Cauliflower Cheese	Beans
	Beans	Peas	Coleslaw	Mixed Vegetables	Peas
	Yoghurts	Apple Crumble & Custard	Oat Cookies	Lemon Cake	Mini Blueberry Muffin & Milk
	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 20 <sup>th</sup> May 2019	Mild Pork Chilli	Chicken and Vegetable Pie	Chicken Nuggets	Beef & Yorkshire Pudding	Fish Cakes
	Mid Vegetable Chilli	Vegetable Pie	Vegetable Nuggets	Quorn Fillet	Falafel Burger
	Soft Taco Shell	New Potatoes	Herby Diced Potatoes	Roast Potatoes	Mash Potato
	Salad	Broccoli	Beans	Cauliflower Cheese	Beans
	Sweetcorn	Carrots	Peas	Carrots	Sweetcorn
	Pineapple and Ice Cream	Iced Buns	Cherry Crumble & Custard	Fruit Smoothie	Dairylea & Crackers

**Key:**

Vegetarian Option